

# Symptoms of Whiplash

Extensive research now links the symptoms listed below with whiplash injuries. While one or more of the symptoms can occur immediately, others may not develop until hours, weeks or even months following the injury. If you are involved in an accident, don't take chances with self-diagnosis. Contact a Doctor of Chiropractic as quickly as possible. He is a specialist in structural and spinal disorders and will advise you frankly, sincerely and honestly.

HEADACHE  
HEAD AND NECK PAINS  
TENSION  
MUSCLE SPASMS  
STIFF NECK  
RESTRICTION OF NECK MOTION  
BLACKOUTS  
FATIGUE  
EXTREME NERVOUSNESS  
MUSCLE SWELLING  
NECK AND SHOULDERS FEEL TIRED  
LIGHT BLINDNESS  
EQUILIBRIUM PROBLEMS  
LOSS OF HEARING  
PINCHED NERVES  
SLIPPED DISCS  
MUSCLE TEARING  
NEURALGIA (nerve pain)  
NEURITIS  
NAUSEA  
SHORTNESS OF BREATH  
LOW BACK PAINS  
PAIN BETWEEN THE SHOULDERS  
COLD HANDS OR FEET  
NUMBNESS OF ARMS, HANDS,  
SHOULDERS, FEET, OR LEGS  
IRRITABILITY  
INABILITY TO CONCENTRATE  
PALPITATION  
INSOMNIA

Should your case require additional medical care and examination, we will tell you and cooperate fully with other physicians on your case.

## In Case of an Automobile Accident

IN CASE OF AN AUTOMOBILE ACCIDENT—

- Protect you, your family, and your interests:
- USE ACCIDENT FORMS ON THE SPOT!



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PLACE IN YOUR GLOVE COMPARTMENT  
WITH PENCIL & PAD

## FOREWORD

This pamphlet is to be used only as a guide. If you have any legal problem, consult your attorney. Report to your insurance company promptly; failure to do so may affect your rights under your policy.

## STOP

- Stop immediately and as close to the location of the accident as possible. State law requires it.

## ASSIST THE INJURED

- Check immediately for injured persons.
- If necessary, call a doctor or ambulance –whichever is quicker.
- Do not move injured person.

## PROTECT THE SCENE

- Warn approaching vehicles with emergency flashers, flares, reflectors or even a flashlight.

## CALL AN OFFICER

- Notify the police, or county or state law officers at once. This is the law, and the official report may be helpful later.

## COMMENTS

- Do not comment on the accident.
- Keep notes and information to yourself.
- Admit nothing and sign nothing; never volunteer, "I have insurance."

## ASSIST THE OFFICER

- Remain at the scene until officer arrives.
- Cooperate by advising officer of the basic *facts*. No one can force you to give an *opinion*.
- Any statement you make may be used as an admission. You have the right to consult a lawyer as soon as possible.

## IDENTIFY THE OTHER DRIVER

- Obtain the other driver's name, address, and vehicle registration number. Ask to see his driver's license. Note the number.

## WITNESSES

- Obtain names and addresses of any and all witnesses.
- Ask witnesses to sign a statement concerning the accident. (Always keep a pencil and pad, as well as this folder, in your glove compartment.)

## TAKE NOTES, FILL OUT ACCIDENT INFORMATION FORM AND DIAGRAM

- Make your own written notes on all significant circumstances concerning accident.
- Step off exact distances of skid marks and other important distances.
- Be certain that you can later point out where vehicles collided and where they stopped.
- If possible, take pictures to preserve skid marks, position of cars and other physical evidence that will disappear.
- Fill out the accident information form and diagram in this folder.

## ARRESTS

- Arrest of the other party or yourself does not necessarily indicate liability. It cannot ordinarily be used in a damage suit.

## WHEN TO LEAVE THE SCENE

- Unless injuries impel you to do otherwise, do not leave the scene of the accident until you have completed the previously outlined procedures.

## SEE A CHIROPRACTOR

- Serious and costly injuries do not always result in immediate pain or bloodshed. Aside from the more dramatic wounds which require surgery or hospitalization, other serious and costly injuries may result from auto accidents. A thorough examination by a chiropractic doctor is a wise precaution to determine the presence or absence of "hidden" injuries.

Doctors of Chiropractic are particularly well qualified to detect and treat a wide variety of injuries of the spine, nerves, and other related structures.

Automobile liability and medical pay insurance will normally pay for chiropractic examination and treatment. A review of your policies should be made to determine if this care can be yours when and if you need it.

If your insurance policy does not cover chiropractic, we suggest you switch, if possible, to one that does. Advise your present company of your reason for doing so.

## INFORM INSURANCE COMPANY

- Make a complete report to your insurance company. Failure to make a prompt and correct report may affect your rights.

This folder is issued to inform the public. It is not intended to advise anyone on legal problems but is merely to be used as a guide as to what procedure to take at the time of an automobile accident. No person should ever attempt to apply or interpret any law without the aid of a lawyer.